

December 2016 RCC Senior Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		For more information contact Rowlett.com or www.rowlett.com/parksandrec or call: 972-463-3948	Happy Holidays!	1 Walking Club 8:15 am Fitness for Seniors 9:30 am Bridge 10:00 am Tap Dancing 10:30 am	2 Walking Club 8:15 am PACE 9:30 am Line Dancing 10:30 am Table Games 11:30 am	3 Defensive Driving 9:00 am
4	5 Walking Club 8:15 am Senior Coffee 8:15 am SCOR Bingo 8:30 am Senior Stretch 9:30 am Get Energized 10:30 am Table Games 11:30 am Beg. Tap 1:00 pm	6 Walking Club 8:15 am Coffee & Donuts 8:15 am Blood Pressure 8:30 am Bingo 8:30 am SAIL 9:30 am	7 Walking Club 8:15 am Poker 9:00 am PACE 9:30 am Get Energized 10:30 am Birthday Party 11:30 am Book Club 1:00 pm	8 Walking Club 8:15 am Fitness For Seniors 9:30 am Bridge 10:00 am Tap Dancing 10:30 am Potluck-Ham 11:30 am Ugly sweater contest	9 Walking Club 8:15 am PACE 9:30 am Line Dancing 10:30 am Table Games 11:30 am	10
11	12 Walking Club 8:15 am Senior Coffee 8:30 am Senior Stretch 9:30 am Get Energized 10:30 am Table Games 11:30 am Beg. Tap 1:00 pm	13 Walking Club 8:15 am Coffee & Donuts 8:15am Bingo 8:30am SAIL Exercise 9:30 am SAB Seminar 10:00 am	14 Walkinig Club 8:15 am Poker 8:30 am PACE 9:30 am Get Energized 10:30 am Personal Training 11:30 am	15 Walking Club 8:15 am Fitness For Seniors 9:30 am Bridge 10:00 am Tap Dancing 10:30 am Bowling at Bowl A Rama 1:00 pm	16 Walking Club 8:15 am PACE 9:30 am Line Dancing 10:30 am Table Games 11:30 am	17
18	19 Walking Club 8:15 am Senior Coffee 8:30 am Senior Stretch 9:30 am Get Energized 10:30 am Table Games 11:30 am Beg Tap 1:00 pm	20 Walking Club 8:15 am Coffee & Donuts 8:15 am Bingo 8:30 am SAIL 9:30 am SCOR Seminar 10:00 am Shopping Trip 10:00 am depart	21 Walkinig Club 8:15 am PACE 9:30 am Get Energized 10:30 am Personal Training 11:30 am Canasta 11:30 am	22 Walking Club 8:15 am Poker 9:00 am Fitness For Seniors 9:30 am Bridge 10:00 am Tap Dancing 10:30 am	23 Walking Club 8:15 am PACE 9:30 am Line Dancing 10:30 am Table Games 11:30 am	24 Closed
25	26 Closed	27 Walking Club 8:15 am Coffee & Donuts 8:15 am Bingo 8:30 am SAIL Exercise 9:30 am Out to Lunch Bunch-Bass Pro Shop-Garland 11:30 am	28 Walking Club 8:15 am Poker 9:00 am PACE 9:30 am Get Energized 10:30 am Personal Training 11:30 am	29 Walking Club 8:15 am Fitness For Seniors 9:30 am Bridge 10:00 am Tap Dancing 10:30 am	30 <div style="border: 1px solid black; padding: 5px; display: inline-block;">New Year's Eve Party</div>	31 Closed

